

## MENTAL HEALTH RESOURCES IN DURBAN

ORGANISATION	EMAIL	SECTOR
AA - Alcoholics Anonymous	aakzn@telkomsa.net	Alcohol Rehab
Action in Autism	info@actioninautism.org.za	Autism
Advice Desk for Abused Women	info@advisedesk.org.za	Gender violence
Akeso	brenda.g@akeso.co.za	Private rehab
Al-Anon	alanonkzn@telkomsa.net; help@alanon.org.za	Alcohol
Alzheimers KZN	alzheimerskzn@durbs.com	Alzheimers
Alzheimers SA	alzheimerskzn@alzheimers.org.za	Alzheimers
Anger and Stress Management Centre - Durban	info@angerstress.com	Anger
ARCA - Assisted Recovery Centre of Africa	enquiries@arcadurban.com	Private rehab
Association for the Physically Challenged	penniapc@iafrica.com	Physical Disabilities
Autism South Africa	info@autismsouthafrica.org	Autism
Bipolar Kids SA	bpkidssa@mweb.co.za	Bipolar
Bobbie Bear	eurekabb@lantic.net	Sexual abuse
Careline Halfway House	business@carelinecrisis.org	Private rehab
Child Welfare Durban	farhanap@cwdd.org.za	Children
Childline	crisisline@childlinekzn.org.za	Children
Choose Life Specialist Centre	info@chooselife.co.za	Private rehab
Dementia SA	publicrelations@dementiasa.org	Dementia
Directorate of Mental Health and Substance Abuse	Nikiwe.Hongo@kznhealth.gov.za	Mental Health Planning
DPPG - Durban Practicing Psychologists Group	dppg123@gmail.com	Durban Psychology Body
Durban & Coastal Mental Health	dcmhmail@dcmh.org.za	intellectual disabilities
Durban Children's home	info@dch.org.za	Childrens Home
Durban Mental Health Advocacy Group	Mhadvocacygroup@gmail.com	Advocacy
Durban Gay and Lesbian Community Health Centre	info@gaycentre.org.za	LGBTI Health
Ekuhlengeni Psychiatric Hospital	asotha.chinniah@kznhealth.gov.za	Public hospital
eThekwini Mental Health Coordinator	Nalini.Padayachee@kznhealth.gov.za	Mental Health Planning
FAMSA - Family Society of SA	zama@famsadbn.co.za	Relationships
Fort Napier Psychiatric Hospital - PMB	nelisile.nxaba@kznhealth.gov.za	Public hospital
Haven of Rest	info@havenofrest.org.za	Residential home
Healing Hills	admin@healinghills.co.za	Private rehab
Headway	headway@dbn.stormnet.co.za	Brain injuries
I-CAN	sindisiwe.n@ican-sa.co.za	Disabilities/Occupational skills
Interface KZN	ifacekzn@saol.com	Speech problems

Jullo  
KZN Blind and Deaf Society  
KZN Directorate: Early Childhood Development  
Lifeline  
Living ADDventure  
Lulama  
Malvern Children's Home  
Newlands Park Rehab Centre  
North Bay Lodge  
Nurture  
PHASA - Mental Health Special Interest Group  
PhrenAid  
PPF - Pietermaritzburg Psychology Forum  
PsySSA - Psychological Society of SA  
Riverview Manor  
SAALED  
SADAG - SA Depression and Anxiety Group  
SANCA  
SASOP KZN - SA Society of Psychiatrists  
Sherwood Children's Centre  
SNES - Special Needs & Education Services  
SOLO - Survivors of loved ones  
Speak Easy  
St Josephs Life Hospital  
St Monica's Childrens' Home  
St Philomena's Childrens' Home  
St Thomas Childrens' Home  
St Theresa's Childrens' Home  
St Vincent's Childrens' Home  
The Cedars  
Townhill Hospital - Pietermaritzburg  
UKZN Psychology Students Association  
UKZN Psychology Clinic  
Wylie House

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Private rehab  
Blind and Deaf  
Children  
Suicide  
ADHD  
Private rehab  
Childrens Home  
Government rehab facility  
Residential home  
Private rehab  
Public health body  
Schizophrenia  
PMB Psychology Body  
National Psychology Body  
Private rehab  
Learning disabilities  
Mental Health  
Alcohol Rehab  
Natioanl Psychiatry Body  
Children  
Children  
Suicide  
Stuttering  
Private rehab  
Childrens Home  
Childrens Home  
Chlldrens Home  
Chlldrens Home  
Chlldrens Home  
Private rehab  
Specialised Hospital  
Psychology students  
Psychology Assessment  
Childrens Home